

AGGIE SUSTAINABILITY ALLIANCE MONTHLY NEWSLETTER



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FALL SEMESTER HIGHLIGHTS

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START OF TAMU TUESDAYS

Our newest social media series that highlights on-campus sustainability

TAMU TUESDAYS
ON-CAMPUS SUSTAINABILITY



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THE INTERNS' ELECTRIC BUS INSTAGRAM REEL

By far our most-liked reel because of its clever humor! Way to go, interns!





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LAUNCH OF THE TAMU ATHLETICS SMP

The office and TAMU Athletics collaborated to create and release this Sustainability Master Plan to further integrate sustainable initiatives into our operations, making TAMU Athletics the first athletics department in the country to do this!



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CAMPUS SUSTAINABILITY DAY

The whole OS team worked together to put on our biggest event of the semester filled with educational activities and live performances!



30

AASHE CONFERENCE IN BOSTON

We had a wonderful time learning from schools across the nation at the Association for the Advancement of Sustainability in Higher Education conference!



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FALL SUSTIANABILITY WORKSHOP

Our intern team presented on sustainable art, corporate GHG emissions, deforestation, and overfishing.





Rebekah Parkhill

Associate Athletics Director, Engagement

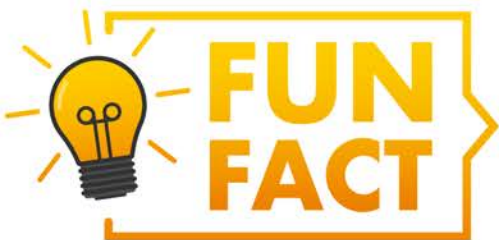


Rebekah Parkhill has worked at Texas A&M for 8 years, 6 and a half of those years in her full-time role with the Athletics department. She was an integral part in the creation of the Athletics Sustainability Master Plan.

I personally am motivated to promote sustainability because I believe that we need to live intentionally and be good stewards of all of the resources that we are blessed to use. Those resources can be quite literal, but they can also be the humans we interact with on a daily basis. We need to care for the planet, but also the people who make it up.

Working within the Athletics Sustainability efforts over the past several years has taught me a LOT! I think I have been most surprised by how easy it is to promote sustainability. Before I knew as much as I do now, I thought it was all going to be complex and expensive projects like solar panels. However, I realized that there a lot of small and easy things that can be implemented within our operations both by behaviors and procedures.

I love watching sports, specifically basketball – it has always been my favorite sport! I also love spending time outside as well as with my dog Dennis! I could spend all day, every day reading – it is one of my favorite things to do.



I am a certified yoga instructor and love teaching classes!





OS TEAM YEAR OF MUSIC

We listened to a lot of music this year, and here's what we recommend! We hope you find a new favorite.

MADELYN'S TOP ALBUMS

1		NEVER ENOUGH Daniel Caesar 176 plays
2		the record boygenius 164 plays
3		Snow Angel Reneé Rapp 142 plays



ADIA'S TOP ARTISTS

KELLY'S TOP SONG

Unstoppable
Sia



1		Taylor Swift 3,683 minutes
2		Phoebe Bridgers 1,301 minutes
3		Noah Kahan 1,070 minutes
4		boygenius 835 minutes
5		Zach Bryan 731 minutes



WENDY'S TOP ARTISTS

1



Dario Marianelli

2



Alanis Morissette



happy listening!



3



Jean-Yves Thibaudet

4



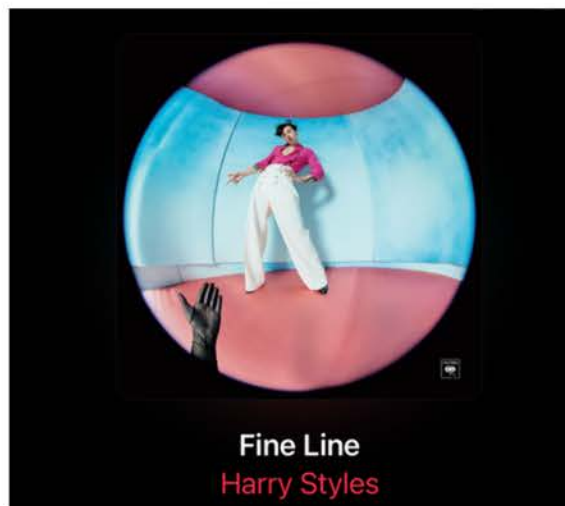
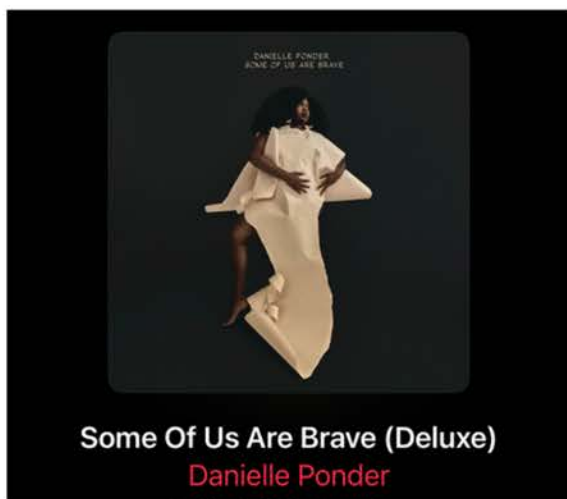
Barenaked Ladies

5



Tracy Chapman

KELLY'S TOP ALBUMS



2024

To-Do

- Stop using paper towels and start using more reusable ones instead
- Use up all of my makeup, perfume, and self-care products before buying new
- Make my own dishwasher tablets
- Start composting at home

TIPS FOR A MERRY, BRIGHT, AND SUSTAINABLE HOLIDAY SEASON



A tip for reducing your waste during the holidays is to use old newspaper to wrap your gifts! You can even make your own wrapping paper using brown paper bags and white marker for a gingerbread theme! Decorate with natural materials like sticks and plants of your choosing.

Diversify your holiday feast with more plant-based options and side dishes! Choosing to replace meat dishes with plant-based dishes reduces your carbon footprint, as a significantly lower amount of greenhouse gases- particularly methane and carbon dioxide- are associated with their production.





TIPS FOR A MERRY, BRIGHT, AND SUSTAINABLE HOLIDAY SEASON

Reduce, reuse, recycle... and regift! Regifting unused or gently used items is a fantastic way to save money and the planet. If you have something you think your loved one would enjoy and get more use out of than you would, give it to them!

Reducing your consumption and reusing what you already have are two surefire ways to live a more sustainable lifestyle.



Our last tip for a merry and bright holiday season is to spend time with your friends and family. Prioritizing mental health is in the foundation of maintaining social sustainability. Our office hopes you have a relaxing, joyful, and rejuvenating break with those who feel like home to you.